

Raw Chocolate Fudge

Yes, you heard right! Do you want to taste one of most heavenly foods imaginable? Try this simple raw chocolate recipe. You can also make it with carob powder if you want. Learn more about the [Health Benefits of Chocolate Here](#) or learn how to engage in intuitive eating with the [Harmony Earth 30 Day Energy Diet](#). Take the 30 Day Challenge for yourself!

Yield: 25 pieces. Time to Make: 5 minutes. Time to Wait: 1 hour to chill.

Ingredients

1/2 cup Raw Chocolate Powder
1/2 cup Raw Coconut Butter
1/2 cup Raw Honey

Step 1

Mix all ingredients in a pan.
(Warm slightly if necessary)

Step 2

Press into a 5 by 5 inch Tupperware container. Then chill in the refrigerator and cut and serve. You won't have any leftovers of the fudge once you pull it out.

Optional ingredients to add - just experiment. I love coconut and a few drops of mint! Other ideas are seeds, nuts, vanilla, sea salt, mint (or other essential oils), cinnamon, raisins (or other chopped fruit), almond extract.

This raw chocolate fudge is actually good for you, so go ahead and enjoy. Try more great earth foods on the [Harmony Earth Diet](#). In less than 30 Days you will notice an incredible boost in your energy and connection to the earth.

Christopher
Westra

Note - You can get these ingredients from your local health food store. If they don't have chocolate powder, coconut butter, and raw honey yet, then ask for them! [Promote healthy foods](#). Please pass this recipe along to others.